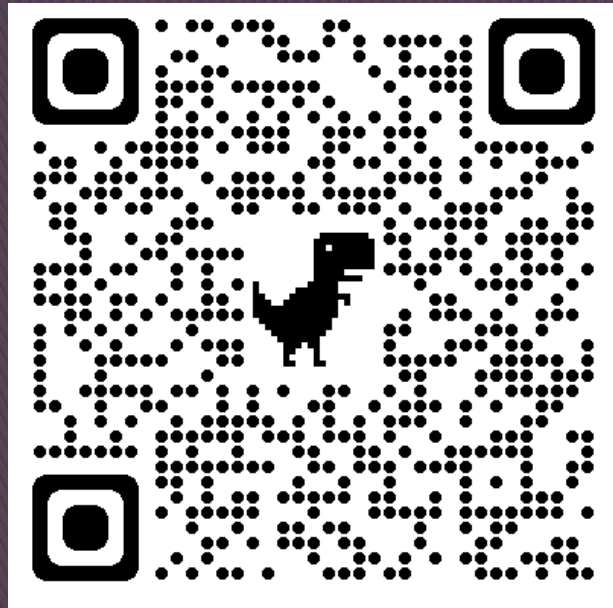


# Class of 2029

## Freshmen Parent Orientation



To access the SSHS counseling department's Class of 2029 Course Selection Page and this PowerPoint from your phone, please take out your camera phone and focus it on the QR code above

## Incoming Freshman (current 8th graders) Course Selection Information

### Class of 2029 Parent Night 2/19/25 PowerPoint presentation

CLICK HERE: [Class of 2029 Parent Night Presentation](#)

### Class of 2029 Student PowerPoint presentation

(Without Voiceover) CLICK HERE: [Class of 2029 Student Presentation](#)

(With Voiceover) CLICK HERE: [Class of 2029 Student Presentation](#)

### SSHS 2025-2026 Course Catalog

CLICK HERE: [25-26 Course Catalog](#)

### CLASS OF 2029- Course Selection form

CLICK HERE: [Class of 2029 Course Selection Sheet](#)

### CLASS OF 2029- Elective Options

CLICK HERE: [Class of 2029 Elective Options](#)

### WCSD Graduation Guide (Diploma Options)

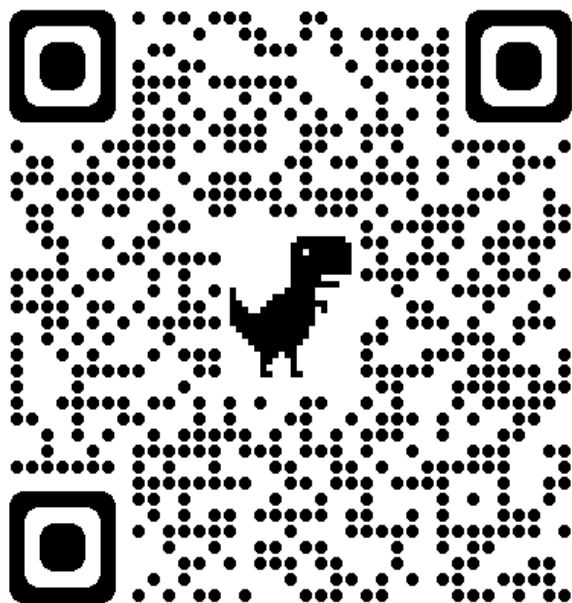
CLICK HERE: [WCSD Diploma Guide \(Diploma Options\)](#)

### Athletic Clearance through Aktivite

CLICK HERE: [www.registermyathlete.com](http://www.registermyathlete.com)

### Athletic Clearance Physical Form

CLICK HERE: [NIAA Physical Form](#)



# Important Dates

## Counselors visit middle schools to discuss course selection:

PINECREST: Monday, March 3, 2025 8:30-9:30 am-Presentation and distribution of course selection sheets

PINECREST: Thursday, March 6, 2025 8:30-9:30 am-8<sup>th</sup> graders meet with SSHS Counselors to turn in course selection sheets

SHAW: Thursday, March 6, 2025-Video presentation and distribution of course selection sheets during advisory

SHAW: Friday, March 7, 2025 7:30-8:00am-Zoom Q & A with SSHS Counselor

SHAW: Monday, March 10, 2025 8:00-12:00pm-8<sup>th</sup> graders meet with SSHS Counselors to turn in course selection sheets

SKY RANCH: February 27 & 28, 2025-Video presentation and distribution of course selection sheets during enrichment

SKY RANCH: Monday, March 3, 2025 11:08-11:39am-Zoom Q & A with SSHS Counselor

SKY RANCH: Wednesday, March 5, 2025 8:00-10:30pm-8<sup>th</sup> graders meet with SSHS Counselors to turn in course selection sheets

# Just so you know:

**Course Selection** is the process students go through each year to select their classes for the next school year.

**Registration** is done on-line by the parent or guardian through the Infinite Campus Parent Portal each year. This is when contact information, health information, etc. is updated for your student(s).

<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

**Your Online Registration Link for the 2025-26 school year**

is in your **Parent Portal** (Primary Household), **Inbox**

<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

It is very important to do this now, as early as possible, for WCSD data analysis.

Please keep your child's information current: student's demographic information (Addresses and phone numbers), as well as Emergency contacts and Health information.

**If you would like assistance, please contact the Office: (775) 425-7733**

**For assistance in Spanish, please ask to speak with: Cristina Avalos**

*Thank you for helping make Spanish Springs High School 100% in OLR (Online Registration)*



Message Center

Today

Calendar

Assignments

Grades

Grade Book Updates

Attendance

Schedule

Responsive Schedule

Reports

More

## More

Assessments



Health



Important Dates



Lockers



Online Registration



# WCSD ATTENDANCE POLICY

- ▶ Parents/Guardians are still required to notify the school as to the reason for each absence.
- ▶ Please visit the following website for the most up to date information about the WCSD attendance policy:  
<https://www.washoeschools.net/Page/17303>

# News from the Clinic

- ▶ Students may carry and self-administer OTC and prescription medications (that are not narcotics and/or controlled substances) provided that the student is responsible enough to do so. Medications carried on the student's person must be in the original container with name and DOB. Only a single dose may be carried by the student at any time. If your student needs to take medications in the clinic, please call and speak with one of our clinic staff.
- ▶ The clinic does not carry any stock medications and cannot dispense any medication (OTC or prescription) to students without a written prescription from a physician.
- ▶ If your student is sick at school, he/she must come to the clinic so they can be signed out appropriately and their attendance documented. If your student doesn't go to the clinic first, you may have to wait while we locate your child.

Rm# \_\_\_\_\_

DELIVER Yellow copy: 1\* / 4\*    2\* / 5\*    3\* / 6\*    7\*

**SSHS OFF-CAMPUS PASS**

☐

Call in

☐

Walk in

☐

Note

Today's Date

**Student Name:**

**Time Leaving:**

Office pickup:    Mom    Dad    Other / Comments:

Drive self/Approved:    Mom    Dad    \_Caller ID

Returning:    NO    YES / Time:

**Reason:**

☐

Health

☐

Dental

☐

Legal

☐

Other

Comments:

Name of message taker and time taken:

# Diploma Options

## **STANDARD DIPLOMA:**

- A minimum of 23 credits with all requirements met

## **ADVANCED DIPLOMA:**

- A minimum of 24 credits with all subject requirements met
- Science - One additional credit (total 3 credits)
- Math - One additional credit (total 4 credits)
- A minimum 3.25 GPA weighted cumulative (no rounding)

## **HONORS DIPLOMA:**

- A minimum of 24 credits with all subject requirements met
- Science - One additional credit (total 3 credits)
- Math - One additional credit (total 4 credits)
- Complete at least 8.0 honors, AP, and/or dual credit
- Minimum 3.40 GPA weighted cumulative (no rounding)
- Complete two years of the same foreign language
- No Fs during junior or senior year

Students must also take the state mandated College and Career Readiness exam (currently the ACT with Writing) and a Civics exam as part of their Senior Government class.

# WCSD DIPLOMA TYPES

(The complete chart is on the Class of 2029 website)

## WCSD Graduation Guide

The credit requirements for each diploma type are listed below:

*Note: Standard Diploma requirements subject to change pending State Board of Education approval.*

Course Title	WCSD Standard (2025-2028)	WCSD Standard (2029-beyond)	State Advanced	College and Career Ready with Endorsement	WCSD Honors	WCSD Honors/ College & Career Ready
English	4.0	4.0	4.0	4.0	4.0	4.0
Math (Must include Algebra 1, Geometry & Algebra 2 or equivalent)	3.0	3.0	4.0	4.0	4.0 <sup>A</sup>	4.0 <sup>A</sup>
Science	2.0	2.0	3.0	3.0	3.0 <sup>†</sup>	3.0 <sup>†</sup>
American Government	0.5	0.5	0.5	0.5	0.5	0.5
Economics and Personal Finance	0.5	0.5	0.5	0.5	0.5	0.5
U.S. History	1.0	1.0	1.0	1.0	1.0	1.0
World History/World Geography	1.0	1.0	1.0	1.0	1.0	1.0
PE	2.0	2.0	2.0	2.0	2.0	2.0
Arts/Humanities/CTE	1.0	1.0	1.0	1.0	1.0	1.0
Computer Literacy	0.5	0.5	0.5	0.5	0.5	0.5
Health	0.5	0.5	0.5	0.5	0.5	0.5
World Language	-0-	-0-	-0-	-0-	2.0*	2.0*
Electives	6.0	5.0	6.0	6.0	4.0	4.0
Flex Credit	1.0**	2.0**	0	0	0	0
<b>TOTALS</b>	<b>23.0</b>	<b>23.0</b>	<b>24.0</b>	<b>24.0</b>	<b>24.0</b>	<b>24.0</b>
# of Honors Credits					8	8
Required Cumulative GPA			3.25 on a 4.0 scale (no rounding)	3.25 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)

<sup>A</sup> Algebra 1; Geometry; Algebra 2 (or their equivalents); plus 1 or more math classes beyond Algebra 2

<sup>†</sup> Two credits must be in Biology, Chemistry, Physics, Human Anatomy & Physiology, AP Environmental Science, Zoology, Microbiology, CTE Animal Sci (H) or CTE Plant Sci (H).

\* Two credits in the same world language

\*\* Flex credit must be one full credit of the same course of any one of the following: Level II or above CTE course in one program of study provided the prerequisite course was passed, a 4<sup>th</sup> year of mathematics Algebra 2 or higher, a 3<sup>rd</sup> year of science or a 4<sup>th</sup> year of social studies

+ This diploma also requires additional coursework and either a college or career endorsement to earn the diploma (see page 2).

^ Student must have taken the NAA assessment to be eligible for the alternative diploma.

*Note: Standard Diploma requirements subject to change pending State Board of Education approval.*

# Freshman Course Requirements

## ► English

► English 1-2

► Honors English 1-2

## Math

Algebra 1

Geometry 1-2

Formal Geometry 1-2

## Science

Biology

# Math Placement

If your student is currently taking Algebra 1, doing well, and receives a middle school Algebra teacher recommendation – **Formal Geometry**

If your student is currently taking Algebra 1 and is struggling, we recommend – **Algebra 1**

If your student is taking Math 8 – **Algebra 1**

If your student is on an IEP, their case manager will recommend the appropriate math course

# Our Math Recommendations:

## Traditional

Freshmen (Grade 9):  
Algebra 1

Sophomore (Grade 10):  
Geometry 1-2 or  
Formal Geometry\*

Junior (Grade 11):  
Algebra 2 or Algebra 2 STEM\*

Senior (Grade 12):  
Trig./Pre-Calc.\*, Pre-College  
Math, or Prob/Stats

## Honors

- ▶ Freshmen (Grade 9):  
Geometry 1-2 or  
Formal Geometry\*
- ▶ Sophomore (Grade 10):  
Algebra 2 or Algebra 2 STEM\*
- ▶ Junior (Grade 11):  
Trig/Pre-Calc.\* or  
Math 126/127 (dual credit)
- ▶ Senior (Grade 12):  
AP Calculus\* or  
Stats 152 (Dual Credit)\*

# Our English Recommendations:

## Traditional

Freshmen (Grade 9):  
English 1-2

Sophomore (Grade 10):  
English 3-4

Junior (Grade 11):  
English 5-6  
English 5-6 American Studies\*

Senior (Grade 12):  
English 7-8

## Honors

Freshmen (Grade 9):  
Honors English 1-2\*

Sophomore (Grade 10):  
Honors English 3-4\*

Junior (Grade 11):  
Honors English 5-6\*  
English 101  
(year long dual credit course)\*

Senior (Grade 12):  
Psychology in Literature (H)\*  
English 102  
(year long dual credit course)\*

# Recommended Freshman Courses

- ▶ PE: 4 semesters of PE are required
  - 9<sup>th</sup> grade options: 9<sup>th</sup> grade PE; Fitness Weights; Power Walking; Athletic Weights

PE Exemptions can be earned for:

Military Science (up to four pe exemptions)

Marching band (up to four pe exemptions-fall semester only)

Completing a season of a school sport (up to four exemptions total for athletics)

# Computer Literacy & Health Graduation Requirements

The following courses will satisfy the computer literacy requirement:

8344            Computer Science and Applications (one semester)

36101/36102 Adv. Computer Science I (must pass both semesters)

The following courses will satisfy the health requirement:

5311            Health (one semester)

34201/34202 Principles of Health Science  
(must pass both semesters; must be accepted to Sports Med Academy)

Students who take three years of Military Science will earn Health credit after successfully completing the third year (fall & spring semesters).

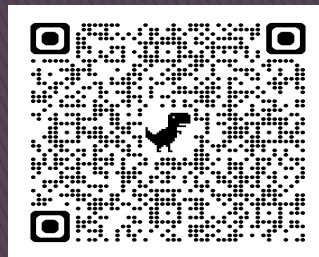
# SSHS Signature Academies

## ▶ C3 Media Academy

- ▶ Must apply
- ▶ Video Production,  
Web Design,  
Graphic Design,  
Multimedia Communications
- ▶ Students take course sequence  
in area of interest
- ▶ Possible CTE endorsement  
on diploma

## ▶ Sports Med. Program

- ▶ Must apply
- ▶ Principles of Health Science
- ▶ Sports Medicine I
- ▶ Sports Medicine AS
- ▶ Possible CTE endorsement  
on diploma



[www.washoeschools.net/Page/2256](http://www.washoeschools.net/Page/2256)

## Freshman Course Request 2025-2026

Required CoursesEnglish (full year class) - you must choose one

- ☐ (1201-1202) English 1 - 2  
☐ (1203-1204) Honors English 1 - 2\* \_\_\_\_\_  
☐ Other \_\_\_\_\_

Current English teacher signature: \_\_\_\_\_

MATH PLACEMENT:

\*Admission into Formal Geometry will be based on student's previous performance in addition to teacher recommendation, student's desire to learn, and work ethic. Successful completion of all semesters of Algebra 1 is required.

\*If your student is taking Algebra 1 and is struggling we recommend repeating Algebra 1.\*Students currently taking 8th grade Math will be enrolled in Algebra 1.

\*If your student is taking a course not listed above, case manager will suggest appropriate course.

Math (full year class) - you must choose one

- ☐ (2201-2202) Algebra 1 S1-S2  
☐ (2211-2212) Geometry 1 - 2\*  
☐ (2215-2216) Formal Geometry 1 - 2\* \_\_\_\_\_  
☐ Other \_\_\_\_\_

Current math teacher signature: \_\_\_\_\_

Science (full year class)

- ☐ (3141-3142) Biology 1 - 2

Recommended Courses

For more information please go to the

SSHS website: [www.washoeschools.net/SSHS](http://www.washoeschools.net/SSHS)

Click on "Counseling" on left side,  
 then "2025-2026 Course Selection Information"

CLASS OF 2029 CS WEBPAGE25-26 COURSE CATALOGComputer Literacy/Health

- ☐ (8344) Comp Sci and App  
☐ (5311) Health

Physical Education

- ☐ 1st semester (\_\_\_\_\_) \_\_\_\_\_  
☐ 2nd semester (\_\_\_\_\_) \_\_\_\_\_

\*See reverse for information on band and ML, Sci, PE exemptions

Arts, Humanities, CTE

- ☐ 1st semester (\_\_\_\_\_) \_\_\_\_\_  
☐ 2nd semester (\_\_\_\_\_) \_\_\_\_\_

Elective Courses

Freshmen must be enrolled in a minimum of seven (7) classes. The courses listed below will be used to complete your schedule in the order you place them. Every effort will be made to give you your first choices.

Elective/Arts/Humanities/CTE Courses (1st semester)Elective/Arts/Humanities/CTE Courses (2nd semester)

1st Choice: Fall (\_\_\_\_\_) \_\_\_\_\_ Spring (\_\_\_\_\_) \_\_\_\_\_

2nd Choice: Fall (\_\_\_\_\_) \_\_\_\_\_ Spring (\_\_\_\_\_) \_\_\_\_\_

3rd Choice: Fall (\_\_\_\_\_) \_\_\_\_\_ Spring (\_\_\_\_\_) \_\_\_\_\_

4th Choice: Fall (\_\_\_\_\_) \_\_\_\_\_ Spring (\_\_\_\_\_) \_\_\_\_\_

\*You must choose 4 elective classes for each semester as some of your choices may not be available.\*If you select Health Science or a C3 Media class please see reverse side for additional Signature Academy informationParent/Guardian Contact Information

Parent/Guardian Name: \_\_\_\_\_ Cell/Contact Phone #: \_\_\_\_\_

Email Address (please print legibly) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

The courses listed above will be used to create your class schedule.

Consider your choices carefully as changes will NOT be made unless placement level is incorrect.

## 2025-2026 Freshman Recommended & Elective Course Options

### Physical Education Options:

(5101-5102) PE-9<sup>th</sup> grade only  
(5213/5214) Fitness/Weight Conditioning  
(5141/5142) Power Walking  
(5215-5216) Athletic Weights  
(must try out for a Spanish Springs HS sports team)

### Arts, Humanities, CTE Options:

(Can also be taken for elective credit)

(6599) Music Appreciation (Semester)  
(6107 or 6108) Foundations in Art (Semester)  
(6718) Beginning Guitar (Semester)  
(6751) Color Guard (Fall Semester Only)  
(6105) Intro Interior Design (Semester)  
(8019) Intro Digital Photography (Semester)  
(6223) Video Game Design (Semester)  
(1409-1410) Journalism (Year)  
(6411-6412) Speech and Debate (Year)  
(6111-6112) Art 1-2 (Year)  
(6131-6132) Ceramics (Year)  
(6501-6502) Theater 1-2 (Year)  
(6506-6513) Musical Theatre Workshop (Year)  
(6467-6468) Technical Theater (Year)  
(6801-6802) Concert Choir (Year)  
(6641-6642) Concert Orchestra (Year)  
(6705-6706) Marching Band (Year)\*  
(6647-6648) Symphonic Band (Year)  
(6715-6716) Percussion (Year)  
(6707-6708) Jazz Band (Year)  
(33901-33902) Military Science I (Year)\*\*  
(35201-35202) Family Consumer Science I (Year)  
(33701-33702) Teaching & Training I (Year)  
(39101-39102) Auto I (Year)  
(33101-33102) Principles of Business Marketing (Year)  
(36201-36202) Cybersecurity I (Year)  
(32301-32302) Multimedia Comm I (Year)  
(32101-32102) Graphic Design I (Year)  
(32601-32602) Video Production I (Year)  
(36501-36502) Web Design I (Year)  
(36101-36102) Adv. Computer Science I (Year)\*\*\*

\*Students will receive a PE exemption for each Fall Semester of Marching Band they successfully complete.

\*\*Students will receive a PE exemption for each semester of Military Science they successfully complete.

\*\*\*Successful completion of both semesters will satisfy the computer literacy requirement for graduation.

### General Signature Academies Information:

[www.washoeschools.net/Page/1168](http://www.washoeschools.net/Page/1168)

1<sup>st</sup> round of SSSH Signature Applications were due on 2/14/2025. We have now entered our 2<sup>nd</sup> round of applications. If interested in the C3 Media or Sports Medicine Academies, please scan the QR Code below and complete the application after your parent has completed the enrollment process for the 2025/2026 school year. **Applications are due no later than 11:59pm on Wednesday, March 12th.** (Please note, completing this application may result in addition to the waitlist as we are still running the lottery process from the 1<sup>st</sup> round of applications).



### Sports Medicine Academy-Year 1 Course:

34201-34202 Principles of Health Science  
(Successful completion of both semesters will satisfy the health requirement for graduation.)  
(Must be accepted into the Sports Med. Academy.)

### C3 Media Academy-Year 1 Course Options:

32301-32302 Multimedia Comm I  
32101-32102 Graphic Design I  
32601-32602 Video Production I  
36501-36502 Web Design I  
(Students can take any of the above media classes without applying to the C3 media academy. Priority enrollment will be given to students accepted into the C3 Media Academy.)

### Elective Options:

(4611-4612) Spanish 1-2 (Year)  
(4613-4614) Spanish 3-4 (Year)  
(4771-4772) Paiute 1-2 (Year)  
(2029-2030) Algebra 1 Support (Year)

(1101-1102) English Support (Year)  
(8301) Personal Finance (Semester)  
(1502) Sports Literature (Semester)  
(4257) History Through Film (Semester)

# Spanish Springs HS

[Home](#)

Academics

**25-26 Course Catalog**



Career and Technical Education

English Learners (EL)

English

Fine Arts

J4NG- Jobs for Nevada's Graduates

Mathematics

Miscellaneous Courses

Physical Education

Science

Social Studies

Special Education

World Languages

Zero Period Options

Activities

Athletics

SSHS Information and Academic Policies

WCSD District Policies and Procedures

Career and Technical Education

English

Fine Arts

Mathematics

Physical Education and Health

Science

Social Studies

Special Education

World Languages

English Learners (EL)

Miscellaneous Courses

Zero Period Options

# Performing Arts at SSHS



## Choir



# Performing Arts at SSHS



## Orchestra



# Family and Consumer Sciences:

*The PEOPLE-CENTERED Science  
focused on the art of living and  
working well in our complex world.*

Empowering Individuals

Enhancing Families

Engaging Communities

- Through research, experiential education, and technology, we help students develop the essential knowledge and skills to:

Lead better lives • Be work and career ready • Build strong families  
• Make meaningful contributions to our communities.

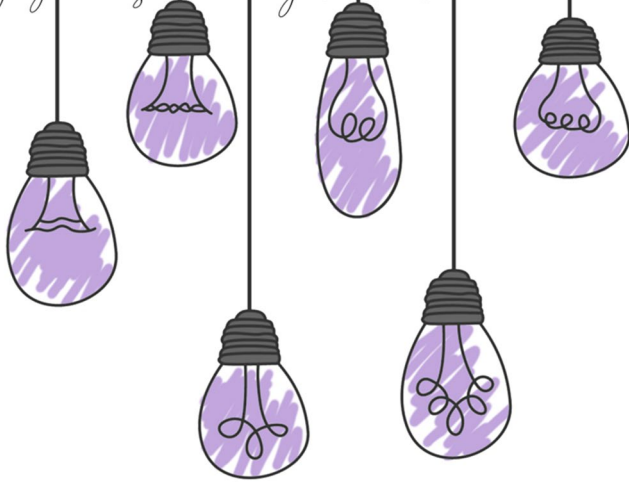
- Our primary areas of focus include:

• Culinary arts, hospitality, and tourism • Food science and nutrition • Health management and wellness • Housing and interior design • Human/child development and family relations • Personal and family finance • Textiles, apparel, and retailing.

- Sustainable practices, consumerism, and leadership principles are woven throughout the content areas.

The Course of study includes  
Levels 1, 2 and Advanced Studies

*Changing lives one light bulb moment at a time*



*Spanish Springs High School  
Teaching & Training*

- Introduces students to the principles of education.
- Project based learning experiences include planning and implementing developmentally appropriate lessons for learners.
- Provides students a unique opportunity to gain valuable hands-on work experience at our on-site Cougar Cubs PreK Lab.
- Students will participate in offsite internships.
- Students may earn up to 6 college credits.

SSHS has the best JROTC program in the district.

1. Nationally Ranked Rifle Team (Air Rifles)
2. Nationally Ranked Fitness Team (Raider Team)
3. Nationally Ranked Drill Team (Marching)

- It is fun and challenging.  
Sign up for MIL SCI I

# SSHS JROTC Cougar Battalion



# Join the Cross Country Team!



"This team is so welcoming. I hope other kids are able to find joy and a family in this sport just like I did." – Senior XC Runner



**State Champions**

2016, 2017, 2023

**Regional Champions**

2016, 2017, 2022, 2023



**State Academic Champions: 2022, 2023**



# ***SPANISH SPRINGS TENNIS***



**2024 BOYS  
PROGRAM**



- Undefeated team in league and regionals (first time in school history)
- Team state runner up (first time in school history)
- Three boys qualified for state individual tournament



# ***SPANISH SPRINGS TENNIS***



**2024 GIRLS  
PROGRAM**



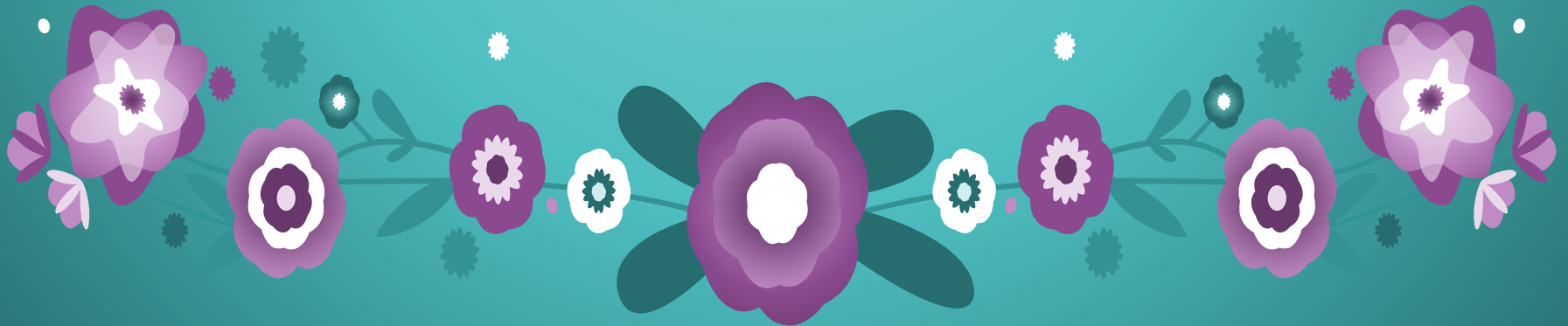
- Undefeated team in league and regionals (first time in school history)
- Team state champions (first time in school history)
- Four girls qualified for state individual tournament
  - Doubles team won state championship

**Interact**  
Spanish Springs High School



# COMMUNITY SERVICE BASED CLUB

We partner with Rotary International



# WHAT THE INTERACT CLUB CAN DO FOR STUDENTS:

Take action, build international understanding, and make new friends around the world.

Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Find out how serious leadership can be seriously fun.

## **What are the benefits?**

Connect with leaders in your community and around the world to:

- Take action to make a difference in your school and community
- Discover new cultures and promote international understanding
- Become a leader in your school and community
- Have fun and make new friends from around the world

Contact Mrs. Hefner:  
[ehefner@washoeschools.net](mailto:ehefner@washoeschools.net)

# School Organizations & Clubs

It's easy to find out about activities available at Spanish Springs High School, just check out our website:

[www.washoeschools.net/sshs](http://www.washoeschools.net/sshs)

# SSHS Sports Clearance

- ❖ If your student plans to play a sport for SSHS in 9<sup>th</sup> grade, please register them on the “Aktivate” website and list all sports they plan to participate in: [www.registermyathlete.com](http://www.registermyathlete.com). Registration for the 25/26 school year begins May 1<sup>st</sup>.
- ❖ Once the online sports registration with “Aktivate” has been done, complete the “Preparticipation Physical Evaluation” with your healthcare provider and upload the LAST PAGE to “Aktivate”.
- ❖ Please contact the SSHS athletic secretary, Kelly Deen, if you have any questions at: 775-321-3945 or [Kelly.Deen@washoeschools.net](mailto:Kelly.Deen@washoeschools.net)

The Medical Eligibility Form is the only form that **should be submitted** to a school or sports organization.

## ■ PREPARTICIPATION PHYSICAL EVALUATION

### MEDICAL ELIGIBILITY FORM

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

- ☐ Medically eligible for all sports without restriction
- ☐ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of

\_\_\_\_\_  
\_\_\_\_\_

- ☐ Medically eligible for certain sports

\_\_\_\_\_  
\_\_\_\_\_

- ☐ Not medically eligible pending further evaluation

- ☐ Not medically eligible for any sports

Recommendations: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings are on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or guardians).

Name of health care professional (print or type): \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature of health care professional: \_\_\_\_\_, MD, DO, NP, PA or DC

### SHARED EMERGENCY INFORMATION

Allergies: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Medications: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Other information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Emergency contacts: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

# **SSHS Sports - Boys**

## **Fall**

- **Cross-Country, Football, Soccer, Tennis**

## **Winter**

- **Basketball, Rifle, Ski, Wrestling**

## **Spring**

- **Baseball, Golf, Swimming, Track & Field,  
Lacrosse**

# **SSHS Sports - Girls**

## **Fall**

- **Cheer, Cross-Country, Golf, Tennis, Soccer, Volleyball**

## **Winter**

- **Cheer, Basketball, Rifle, Ski**

## **Spring**

- **Softball, Swimming, Track and Field, Lacrosse**

# NCAA ELIGIBILITY

## *(National Collegiate Athletic Association)*

IMPORTANT NOTES for future Division I or Division II intercollegiate athletes:

- **It is the responsibility of the student and his/her family to assure any correspondence courses or independent study classes meet NCAA core requirements**
- Grade point average (GPA) of at least 2.3 in a core curriculum of 16 designated academic subjects for Division I or Division II
- **Courses taken in eighth grade may not be used to satisfy the core curriculum requirements, regardless of the course content or level.** All core course requirements must be completed prior to high school graduation

The Eligibility Center web address: [NCAA Eligibility Center](http://www.ncaa.org/eligibilitycenter)

# MILLENNIUM SCHOLARSHIP

[http://www.nevadatreasurer.gov/GGMS/GGMS\\_Home/](http://www.nevadatreasurer.gov/GGMS/GGMS_Home/)

1. Graduate with a diploma from a Nevada public or private high school
2. Weighted GPA of at least 3.25. (GPA is calculated using all high school credit granting courses and is not rounded)
3. Nevada resident for at least two years of high school
4. Successfully complete the following curriculum in high school to be eligible for the Millennium Scholarship:

English - 4 Units

Math (including Algebra II) - 4 Units

Science - 3 Units

History - 3 Units

TOTAL 14 Units

# SSHS Counselors

Jill Anderson

Last Name A - Chh

Angie Goss

Last Name Chi - Gin

Jewel Cuellar

Last Name Gio - Knh

Niki Harris

Last Name Kni - Nij

Shelby Gonzales

Last Name Nik - Shu

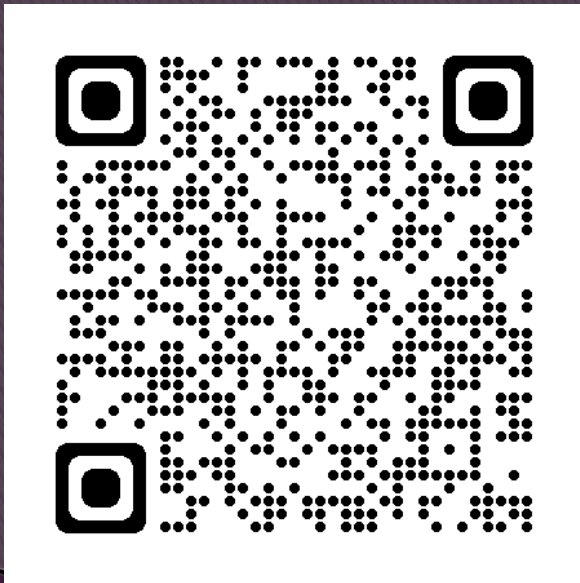
Tarin Myers

Last Name Sid - Z

# Thank you and have a great evening!

If you haven't already done so, please visit the various  
booths in the hallways and the commons area.

Course Catalog



Class of 2029  
Counseling Page

